

Northwestern Local Human Right Committee

The next scheduled meeting of the Northwestern Local Human Right Committee will be on August 13, 2013, at Timber Ridge School. Please go to www.nwcsb.com for directions and meeting information.

MINUTES OF THE MAY 14, 2013, LHRC MEETING

The May 14, 2013, meeting of the Northwestern Local Human Rights Committee was held at Lutheran Family Services of Virginia, located at 225 East Pall Mall Street, Winchester, Virginia, 22601.

Members Present: Mrs. Audrey Brown; and Mrs. Jean Snider. Mrs. Decker, Ms. Carole Ricker, & Ms. Joane Ebersole was not present at this meeting.

Affiliates Present: Mark Seymour (Advocate); Chuck Collins (Advocate); Cathy Wolfe-Heberle, Blue Ridge Opportunities; William F. Orth, Bridging the Gaps, Inc.; Christine Hartran, Andrea Mares, Crossroads Counseling Center, Inc.; D. Brill-Thompson, Jay Salesky, Community Alternatives of VA; Patricia Kidd, Corum Human Services; Scott Worley, Creative Family Solutions; Alexia Rosen, Family Preservation Services, Inc.; Tammy and Cliff MacDonald, Good Life Corporation; Amy Smith, Kelly Coffman, Grafton; Kesia Gwaltney, Heart Havens; Chris Rousseau, Intensive Supervision & Counseling Services; Karen Carpenter, Lord Fairfax House; Artea Ambrose, Christina Coleman, Cassie Purtlebaugh, Lutheran Family Services of Virginia; Beth Garner, National Counseling Group; Emily Johnson, NOVA Family Services, Inc.; Glenda Anderson, Katherine Eaton, NW Works; Ralph Combs, SVCR, Inc.; Karen Tompkins, Timber Ridge School; Lana Hurt, Wall Residences; Angela Robertson, Winchester Addiction Services; Julie Alexander, Winchester Medical Center; Pat Allenson, Winchester Community Mental Health Center; and, Mark Gleason, NWCSB.

Affiliates Absent: Family Insight; Shen-Paco Industries; Where the Heart Is

Others Present: N/A

Call To Order: Audrey Brown called the meeting to order at 6:04 p.m. and welcomed everyone. She thanked Lutheran Family Services of Virginia for hosting and everyone for coming.

Meeting Minutes: Jean Snider made a motion to approve the August 14, 2012 minutes. Audrey Brown seconded and the motion carried.

Public Comments: None

Pat Allenson, Winchester Mental Health – Shared information regarding 4 different programs Winchester Community Mental Health Center will be offering.

1. Partial Day Hospitalization – covered by Medicare and Medicaid – 5 days per week, for individuals to avoid hospitalization, or step-down for individuals coming out of hospitalization (9:30-2pm). Patients must come for 3 days per week.

2. IOP Program – Intensive Outpatient, not covered by Medicaid, 3 days per week obligation for patients, MWF, 9:30-2pm, 2 day minimum
3. Autism Diagnostic Program – screening and assessment for autism spectrum disorders
4. General information – over 20 clinicians, 4 NP's, 6 psychiatrists (PT), variety of services, young children – older adults
5. Cyboxone treatment program, partially funded through Medicaid, must be initial induction not paid via Medicaid – weekly substance abuse program – 18 current patients per Mark Seymour
6. Call Mary Zirkle for questions at WCMH

Comments by LHRC Affiliates or Members:

- **Pat Allenson, Winchester Mental Health** – Shared information regarding 4 different programs Winchester Community Mental Health Center will be offering.
 1. Partial Day Hospitalization – covered by Medicare and Medicaid – 5 days per week, for individuals to avoid hospitalization, or step-down for individuals coming out of hospitalization (9:30-2pm). Patients must come for 3 days per week.
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 5. Cyboxone treatment program, partially funded through Medicaid, must be initial induction not paid via Medicaid – weekly substance abuse program – 18 current patients per Mark Seymour – once per week take home dosages per Pat's phone call with Mary Zirkle
 6. Call Mary Zirkle for questions at WCMH
- **Glenda Anderson** – NWWorks – had prom this past weekend for their workers in partnership with A Place to Be and Middleburg Academy – 3 hours, workers enjoyed it, and they will be doing it again next year and will make it a big event
- **Jay Salesky and Dianna Brill-Thompson, CAV** – new to the LHRC, new group home built and trying to fill – located in Woodstock, VA – will accommodate 5 individuals, currently has 2 males, home has immersion tub, hope to have 3 clients from CVTC. Currently hope to have 3 women and 2 men in this home. This home is a beautiful, new home on an end lot. 80 inch table will accommodate 6 wheelchairs. Large area for stander and cart available between dining room and kitchen, decks on both sides that are handicap accessible. Specialized new van to accommodate all clients. Excited about this home. All staff hired and hope to have the home filled by the end of June.
- **Kesia Gwaltney, Heart Havens** – Program Director, temporarily relocated to Winchester to ensure that Saratoga House is running efficiently.
- **Katherine Eaton, NWWorks** – Community Assessment Program – creating community integrated employment opportunities in job settings that are appealing to the workers.
- **Cassie Phipps Purtlebaugh** – Special Friends Exchange Club, next meeting this Saturday at LFSVA, adults, 18-infinity, participants should have an ID/DD diagnosis to

participate. \$10 per month dues, but this can be provided through fundraising. Members will not be excluded due to financial challenges.

- **Scott Worley, Creative Family Solutions** – Working on referrals from CSB, looking to grow in this area
- **Amy Smith, Grafton** – Operating 2 psychiatric residential facilities, consolidated Leesburg program into Berryville program, have increased census at Berryville, keeping school program and outpatient services. Berryville clients have vegetables, herbs, etc. in greenhouse which will be sold at local farmer's markets. **Mark Seymour – took tour and said that the units are great - comfortable, soothing, and calm.**
- **Mark Gleason, NWCSB** – ER visits prove to be disastrous – looking for better way to deal with crises in the ER and in the units at WMC – need better regional understanding of what is available and how we can improve this system of assessing and treating those in crisis. Feel free to send information to Mark if you have suggestions.
- **Lana Hurt, Wall Residences** – Hosting Listening Forum, Wednesday, May 29, at Grace Lutheran Church, 3-5pm for providers, 6-8pm for family members
- **Chris Rousseau, Intensive Supervision & Counseling Services** – CDC closing update – kids will now be assessed at JMU CDC. There was extensive discussion about this matter. Cassie to send out link

Advocate Update

Chuck Collins Update:

1. **START Program for Region I:** Mental health unit which is established in Charlottesville – operated by Easter Seals of NC (Operate Regions I and II). 6 bedroom group home which is converted to providing emergency and respite services for an entire region of the state (state is separated into 5 regions). Mission at START – prevention, intervention, both. Very interested in how START functions on a very practical level in each of the communities Chuck serves. Logistics may be problematic. Per Lana – presentation was not well-attended, but did a nice job explaining that this is not to replace the training center with a building, but to create a community-based model for intervention. They will come to you, and they want to train you on how to manage the crisis and develop better skills. Cliff – we've had someone placed there, but they did not come to us to train us while our individual was placed. They have not been here post-placement as they indicated that they would – lacked follow-up. Psychiatrist was excellent – Dr. Eisenberg. Scott – Region III experience – provided over the phone consult with parent, came to meetings, developed behavioral guidelines – planned respite and crisis beds – individual went to respite, stayed 3 days over weekend, assessments conducted and provided to team – very positive experience. This program is run by CSB. Lana – wants folks to be registered for anyone who is vulnerable to a crisis. Chuck – wants to hear feedback ongoing about clients and the experiences with START. Chris Cart also interested in this feedback.
2. **DOJ pre-placement visits:** Visited CAV today, very impressed with new group home. DOJ visit – someone from central office notifies that specific client from training center is going to be moving to a program – Advocate must go on visit site, and then respond on a form. Explores physical environment; staff, especially staff to client ratios, training, experience, and qualifications; who are the other clients – are they compatible;

community – neighborhood, etc.; specific and individual needs of the client, including medical needs; and, other important people in the life of the client. Chuck anticipates looking at additional providers as the doors continue to open at the training centers.

3. **CHRIS** – Comprehensive Human Rights Information System – another result of DOJ – data required that the Central Office maintains information on ID clients including abuse/neglect allegations, serious injury reports, all other human rights complaints. Concern is that individuals will lose dialogue with HR Advocates when providers begin to enter information into the system. Karen – anyone licensed by DBHDS – Chuck - extended to all clients receiving services operated or funded by the Department. Mark S. – continue to send details to Mark/Chuck if you feel that you could not enter all necessary data to CHRIS. Chuck – be as thorough as you can. If it is a significant, serious case, call your advocate. Mark G. – interpretive guidance available for Mark G. to send out
4. **New Human Rights Regulations** – Survey online was to provide input to a group from ODU who is advising the OHR on the revision of the HR regulations – focus group which is focusing on revisions associated with complaint process. Complaint process may not have been user-friendly in other regions of the state; therefore, looking to focus on this process. Regulations will be revised, public comment online and at regional public meetings will be available, and Chuck will advise when this is available. It is your rights, as providers, to assure all the rights of your clients. We want your clients to tell us if something is wrong.
5. **Western State Hospital** – moving into new facility September 15, 2013. All resources have been focused on patient amenities (246 patients). All will have their own bedrooms and bathrooms. If you would like to take a tour after the 15th, call Mark or Chuck and they will give you a tour.

Mark Seymour Update:

1. Commonwealth Children's Center has a new director, Dr. Jeffrey Aarons, as of last Friday. Center is in the process of decommissioning seclusion rooms, and replacing it with creativity and responsiveness.
2. Spanish Human Rights Regulations received by all affiliates after 10 years! Please post this and make this available to your clients. Mark has requested for the regs to be in braille. Several other languages are available on DBHDS website (if not, send email to Mark and he will send you the copies).

Program Reports:

- Good Life Corporation
- Heart Havens
- Intensive Supervision
- National Counseling Group
- Timber Ridge School
- Where the Heart Is

There were no questions on these reports. A motion to accept reports was made by Audrey Brown. Jean Snider seconded and the motion carried.

Old Business:

Non-local site affiliation – proposed new form to committee. Will be taken under advisement.
Tabled until rest of committee is present. Will be reviewed at next meeting.

New Business:

1. Forms & Schedule of meetings to be posted at www.nwcsb.com under Human Rights tab
2. Using Electronic Medium – Sending standards – please do not use any identifying information when you send reports or information to secretary
3. LHRC Secretary Rotation – Proposed 2 year term – will be reviewed when full committee is present

Program Requests:

- **Winchester Addiction Services** – Angela Robertson
 - Request for approval for additional site location in Front Royal, VA
 - Christ Cart visited March 20, open 1 day per week for ½ day – new location has been added onto IOP license. Address is 920 North Shenandoah Avenue, Suite 102B, Front Royal, VA (substance abuse and mental health IOP and OP services)
 - Request for approval to add on an additional service (outpatient services) for both locations (Winchester & Front Royal)
 - Motion to add services by Jean Snider, seconded by Audrey Brown, motion carried. Chuck to send Chris letter indicating committee approval.
- **National Counseling Group** – Beth Garner filling in for Paul Scardino
 - Review of updated policy and procedures memorandum and the transition plan for the upcoming change to CPI
 - Moving from Handle with Care to CPI due to this being a better fit due to emphasis being more on de-escalation rather than restraint – better for TDT sites – making switch across the state
 - Informational purposes only – no vote needed
- **Wall Residences**
 - Request for use of protective medical restraints for new service
 - Began in February – adult stroller, harness for safety in vehicle,
 - Request for use of hand restraints for same
 - Chuck reviewed this information – for medical/protective purpose, indicated as necessary by doctor, requested by guardian
 - Lana indicated that she provided scripts, medical information, etc.,

was reviewed as part of annual report and the committee approved these devices. Committee received this information in January, and Lana is asking for annual renewal of all existing and new

- Motion made by Audrey Brown for protective medical restraints as noted in January report along with addendum requested tonight. Jean Snider seconded. Motion carried.
- Lana should create document for committee to sign showing approval of such devices (list annually).
- Affiliation requests: Norman, Carr, Kolibu – Non-Local Sites
 - Sites are located in Rockingham (1) and 2 in Loudoun County
 - Rockingham start date is tomorrow
 - Motion made by Jean Snider and seconded by Audrey Brown
- **SVCR – Ralph Combs**
 - Code of VA section for protection of incapacitated adults – in absence of manager, director, etc., if staff observe abuse or neglect, this must be reported to APS within 24 hours (even on weekends)
 - Included hotline for reporting abuse/neglect – 1-888-832-3858
 - Informational only, no vote needed
- **Corum Human Services**
 - Video/Audio monitor to be added for safety reasons – this would be for monitoring of client in his bedroom due to him getting up, wandering. Client is legally blind.
 - This is highly controversial, and would require a variance from the human rights regulations
 - Common to have video and audio in common areas (not bedrooms and bathrooms), to protect dignity and privacy
 - Committee will not vote on this at this time. Chuck to speak with Corum Human Services after the meeting to discuss
 - OK – baby monitor, safety locks on doors, motion detector – does not need LHRC approval

Adjournment: The meeting was adjourned at 7:41 by Audrey Brown. The next meeting of the LHRC will be at Timber Ridge School.

Executive Session: There was no executive session during this meeting.

Respectfully Submitted by:

Casalyn Phipps Purtlebaugh, MA, LHRC Secretary

Jeannie Decker, Chair

Mark Gleason, LHRC Liaison