

NORTHWESTERN LOCAL HUMAN RIGHTS COMMITTEE (LHRC)

The next scheduled meeting of the Northwestern Local Human Rights Committee will be on August 4, 2016. Please go to <http://www.nwcsb.com/lhrc.php> for meeting information.

MINUTES OF THE MAY 6, 2016 MEETING

The May 6, 2016 meeting of the Northwestern Local Human Rights Committee was held at Northwestern Community Services.

Members Present: Katie Anderson, Audrey Brown

Members Absent: Shelley Drago, Kim Kwiatkowski, Jack Starry

Advocates Present: Cassie Purtlebaugh, Artea Ambrose, Lana Hurt

Affiliates Present: Bridging the Gaps (William Orth), VHS Senior Structured Outpatient Program (April Lubkemann), VHS Winchester Medical Center (Bill Ventress, Diane Ricci, Melissa Brooks, Rhonda DeStefano, Stephanie Grubb), Grafton Integrated Health Network (Amy Smith), Shenandoah Valley Community Residences (Ralph Combs), Winchester Community Mental Health Center (Mary Zirkle, Destiny Jenkins), Blue Ridge Opportunities (Cathy Wolfe-Heberle), Northwestern Community Services Board (Mark Gleason), Family Preservation Services (Alexia Rosen), Shen-Paco Industries (Mickie Duncan, Barbie Sharp), NW Works (Betsey Anderson, Troy Hawkins), Good Life (Clif MacDonald), Corum Human Services (Patricia Kidd), Wall Residences (Todd Stehlin, Angela King), Timber Ridge School (Ted Shobe), Intensive Supervision & Counseling Service (Chris Rousseau), Heart Havens (Andrea Stauber), Crossroads Counseling Center (Christine Hartman, James Bowman), Lutheran Family Services of Virginia (Lisha Burks), National Counseling Group (Paul Scardino), Winchester Addiction Services (Suzanne Bales)

Affiliates Absent: Community Alternatives (Jay Salesky), Lord Fairfax House (Eddie Cassidy), Where the Heart Is (Mandy Caracofe, Rhonda Foster)

Visitors: Crossroads Treatment Centers (Kerry Lauria), Apex Residential Services LLC (Valentine Bama)

Call to Order: Audrey Brown called the meeting to order at 1:07 p.m. and welcomed everyone. She thanked Northwestern Community Services for hosting and everyone for coming.

Introductions of Committee Members, Affiliates, and Guests

Meeting Minutes: Minutes of November 10, 2015 and February 9, 2016 meetings were tabled until the August 4, 2016 meeting.

Public Comments/Comments by LHRC Affiliates or Members:

1. There were no public comments or comments by LHRC affiliate or members.

Advocate Update:

1. Cassie Purtlebaugh:
 - a. Dr. Cleopatra Booker who has been the acting director of the Office of Licensing for the last several months, was offered and has accepted the position of Director of the Office of Licensing.

- b. The Office of Licensing has posted a guidance document online to assist providers with transitioning to the waiver. This information is accessible at <http://www.dbhds.virginia.gov/professionals-and-service-providers/licensing>

(Under Announcements; Titled “Waiver Redesign Licensing Guidance”).

If you are a licensed DBHDS provider, please contact your licensing specialist with any questions regarding your license or service modifications.

For General Licensing questions or to submit information:

Central Office Contact Information

P.O. Box 1797

Richmond, VA 23218

Office: 804-786-1747

Fax: 804-692-0066

Questions on Waiver Redesign: If you have questions on the redesign of the intellectual, developmental or day support waivers and the changes associated with waiver redesign, please contact: 1-844-603-9248

- c. WSH – Advocate Opening, job will close soon and interviews will begin. In the meantime, advocates in Region 1 and 2 (aka Northwest Capital Region) will be covering.
- d. Lana Hurt is our new ID/DD Advocate. She will be assigned to assist with ID/DD throughout the region.
- e. The office of licensing has recently announced the addition of 5 regional managers. The transition to these new positions will begin on April 10, 2016. Once the transition has been finalized, caseloads will most likely be shifted to assist with their transition as well as to align with the 5 finalized regions. This change will reflect the systems in place with the Office of Human Rights. The below licensing specialist have been assigned as the regional manager to the following regions:
 - Region 1: Rhonda Angel
 - Region 2: Tina Whitfield Johnson
 - Region 3: Deborah Tankersley
 - Region 4: Veronica Davis
 - Region 5: Barry Lee
- f. A new spreadsheet is now in place that will allow the Office of Human Rights and the Office of Licensing to communicate within the CHRIS system. The spreadsheet is being sent to the regional advocates to review and triage. This change is in direct response to suggestions offered by our community providers. Thank you for your input and please continue to share your feedback with us regarding CHRIS reporting.
- g. The Office of Human Rights participated in a statewide retreat to discuss the proposed regulations. We are working on developing trainings for the providers upon final approval and adoption of the new regulations.
 - i. With the new regulations, consolidation of LHRC’s will occur. We currently have 21 LHRCs in the Northwest Capital Region and the initial proposal for this region is to collapse into 11, with 5 of those being state facilities. This LHRC may be impacted, and we will keep you up to date as proposals are approved by the SHRC.

- ii. There will be no affiliates and the role of the committee will change. We will be providing training to the committees and providers once the trainings are developed.
 - h. DBHDS is amending the three Medicaid Waivers (ID, DS, & DD) and the changes will be effective July 1, 2016. These amended waivers will have options for new services and are better designed than the current waivers to support individuals to live, work, and socialize in their own communities. The new waivers will provide more services for individuals and families and increase flexibility in service delivery options. The resulting benefits will enable people to change services more easily as their needs evolve.
2. Lana Hurt:
- a. Lana will be looking for variety in the way that providers are approaching capacity, specifically regarding their policy and the consistency with said policy.
 - b. Regional support teams are meeting monthly and are looking at hard to serve individuals. If any providers are interested in providing services to said individuals, please email Karen Poe at karen.poe@dbhds.virginia.gov.

Program Reports:

1. Good Life
2. Heart Havens
3. Intensive Supervision & Counseling Service
4. National Counseling Group
5. Timber Ridge School
6. Where the Heart Is

Program reports were accepted.

Old Business:

1. Forms and schedule are available on NWCSB website. Reports are now divided between single site affiliates and multiple site affiliates. Please use CHRIS reports AB-07 and COMP-07 for quarterly reports and AB-01 and COMP-03 for annual reports to show data without client names.
2. William needs 8 stapled copies of reports mailed to 423 West Cork Street, Winchester, VA 22601-3812. 2-sided is acceptable.
3. Please send agenda items via email with all necessary attachments separate from report submissions.
4. Please do not submit any "blank" or "marked out" CHRIS reports. Instead write "no CHRIS cases were filed, so no CHRIS report was run" on quarterly and/or annual reports.
5. Do not send emails to lhrc@bridgingthegaps.com. It is an affiliate distribution list used by William. Hitting "reply all" will go to all affiliates.

6. Repeat offenders for reports submitted late will receive a citation in the future per Office of Licensing.

New Business:

1. Program Requests

- a. Crossroads Counseling Center, Inc. (Andrea Meres)

- i. Request by CCC to add a new service (02-214 Therapeutic Afterschool MH Service) and new location for this service to their existing affiliation with the Northwestern LHRC. CCC has requested the addition of a TDT summer program to be held at the following proposed location:

Winchester Wesleyan Church
3101 Papermill Road
Winchester, VA 22601

The DBHDS Service Modification Request has been submitted to Chris Cart for review and approval. CCC has requested a service opening date of June 15, 2016, pending DBHDS approval and credentialing and contracting with Magellan.

Safety concerns from OHR have been addressed by CCC and Winchester Wesleyan Church. Capacity is up to 20 and transportation is provided by CCC.

CCC submitted a Service Modification Request package for review and approval to add a new TDT school location for their Winchester Office – John Kerr Elementary School (Winchester Public Schools). CCC was selected by Winchester Public Schools to replace the current TDT provider for the next school year. Services will need to begin on or about August 8, 2016 when the new school year begins.

- b. Senior Outpatient Behavioral Health Program (Diane Ricci)

- i. SOBHP is changing their level of services from IOP only to IOP and OP. Services will be conducted at the same location.

- c. Behavioral Health Services (William “Bill” Ventress)

- i. BHS is opening a 10-bed Geriatric Psychiatry Unit at Winchester Medical Center. Cassie indicated BHS will need to ensure proper licensure with Chris Cart prior to their first admit.

- d. Apex Residential Services LLC (Valentine Bama)

- i. ARS presented services. Policies and procedures for assuring human rights, a copy of program description, and a brochure explaining services were made available. Lana has reviewed said policies and procedures and will mail her comments to ARS for corrections. If opening in Woodbridge, Prince William LHRC would be more convenient. If opening in Woodstock, Northwestern LHRC would be more convenient.

- e. Family Preservation Services (Alexia Rosen)

- i. FPS filed an application with the Department of Behavioral Health and Developmental Services Office of Licensing to add Crisis Intervention Services and Outpatient at the following location:

Winchester Office:
3363 Shawnee Drive
Suite 1
Winchester, VA 22602.

Program descriptions as well as intended staffing were made available.

Services will be mental health and patients will be on private insurance and Medicare.

f. Winchester Community Mental Health Center (Mary Zirkle)

- i. WCMHC added MH, SA and Child/Adolescent MH case management as of March 16, 2016.

Case management is a billable service with private insurance.

g. Crossroads Treatment Centers (Kerry Lauria)

- i. CTC requested affiliation with NWLHRC. Human rights regulations and policies as well as informational brochures were made available. The verification request sent to Deb Lochart, Director, OHR, was also made available.

Services are medication assisted treatment for opioid dependency at an OP level of care. Location is off Airport Road in Winchester, Virginia.

h. Wall Residences (Todd Stehlin)

- i. WR requested a change of address for the Vinson service, which is moving from Berry's Ferry Road in White Post, VA to Karleys Way in Middletown, VA. The move date was planned for April 7, 2016. Fran Vinson has been a service provider for many years with WR and is planning to seek approval for one additional person once at her new address. Fran Vinson will be supporting three individuals and operating as a Sponsored Residential group home. WR had arranged for a walkthrough inspection of the new residence by Christopher Cart, Office of Licensing on March 24, 2016. All authorized representatives/guardians as well as the individuals being supported are in agreement with this move.
- ii. WR requested affiliation for the Bertha Maclin service (MOVE LOCATION) on November 10, 2015. BM is an established provider who has worked for WR for approximately 4 years. Licensure walkthrough, specialist Pam DuBose, is pending prior to this approval.

i. Corum Human Services, LLC (Patricia Corum Kidd)

- i. CHS would like to add another congregate group home for adult men in the Winchester area.

Capacity is up to 5 individuals.

- ii. Formal approval of request for arm restraints on individual PM from February 9, 2016 meeting was tabled until the August 4, 2016 meeting.

j. Grafton Integrated Health Network (Amy Smith)

- i. Formal approval of research project from February 9, 2016 meeting was tabled until the August 4, 2016 meeting.

k. Lutheran Family Services of Virginia (Tresha Lafon)

- i. LFSV notified of the discontinuation of Intensive In-Home and Behavioral Therapy Services. Their last case in these programs was discharged effective April 19, 2016. Licensure was notified at that time and a request was submitted to remove the services from their license. They requested at this time that their affiliation for these services be discontinued. They are pleased to continue providing therapeutic day treatment services in the Northern Shenandoah Valley and request that no changes be made regarding their affiliation for those services.

Summer programs will be at Red Bud Run Elementary School.

Adjournment: The meeting was adjourned at 2:06 p.m. by Audrey Brown. The next meeting of the LHRC will be: August 4, 2016

Respectfully Submitted by:

William F. Orth, LHRC Secretary

Audrey Brown, Chair

Mark Gleason, LHRC Liaison