

NORTHWESTERN LOCAL HUMAN RIGHTS COMMITTEE (LHRC)

The next scheduled meeting of the Northwestern Local Human Rights Committee will be on February 9, 2016. Please go to <http://www.nwcsb.com/lhrc.php> for meeting information.

MINUTES OF THE NOVEMBER 10, 2015 MEETING

The November 10, 2015 meeting of the Northwestern Local Human Rights Committee was held at Winchester Community Mental Health Center.

Members Present: Katie Anderson, Audrey Brown, Shelley Drago, Kim Kwiatkowski

Members Absent: Jack Starry

Advocates Present: Cassie Purtlebaugh, Artea Ambrose

Affiliates Present: Bridging the Gaps (William Orth), Crossroads Counseling Center (Christine Hartman, James Bowman), Family Preservation Services (Alexia Rosen), Good Life (Clif MacDonald), Grafton Integrated Health Network (Amy Smith), Heart Havens (Andrea Stauber), Intensive Supervision & Counseling Service (Chris Rousseau), Lutheran Family Services of Virginia (Lisha Burks), Northwestern Community Services Board (Mark Gleason), NW Works (Betsey Anderson, Troy Hawkins), Shenandoah Valley Community Residences (Ralph Combs), Shen-Paco Industries (Mickie Duncan, Barbie Sharp), Timber Ridge School (Ted Shobe), Wall Residences (Todd Stehlin, Lana Hurt, Angela King), Winchester Community Mental Health Center (Mary Zirkle, Destiny Jenkins)

Affiliates Absent: Blue Ridge Opportunities (Cathy Wolfe-Heberle), Community Alternatives (Jay Salesky), Corum Human Services (Patricia Kidd), Lord Fairfax House (Eddie Cassidy), National Counseling Group (Paul Scardino), VHS Senior Structured Outpatient Program (April Lubkemann), VHS Winchester Medical Center (Bill Ventress, Diane Ricci, Melissa Brooks, Rhonda DeStefano, Stephanie Grubb), Where the Heart Is (Mandy Caracofe, Rhonda Foster), Winchester Addiction Services (Suzanne Bales)

Visitors: Catholic Charities

Call to Order: Audrey Brown called the meeting to order at 6:06 p.m. and welcomed everyone. She thanked Winchester Community Mental Health Center for hosting and everyone for coming.

Introductions of Committee Members, Affiliates, and Guests

Open Session: Cannabidiol study for current male client presented by Wall Residences. Parent provider informed provider that her son has been selected to participate in a Cannabidiol Study as recommended by his Neurologist, Dr. Lyons. Dr. Lyons has fought very hard to get this study approved through the FDA – provider believes it has taken him a year or more to advocate strongly getting this approved through the proper channels. Study Information: (1) providers are required to document seizure activity each night for 28 days (they do this already per agency protocol so this has become routine for them); (2) after 28 days of documentation, there will be a 14 weeks study where some of the selected candidates will receive the pure cannabis oil and some will receive a placebo (this is a double blind study at this point); and (3) after the 14 week study, the individuals who have actually received the cannabis oil will be revealed and JW will be available for the open study in which he receives the actual cannabis oil to see if this is effective in seizure management. It is important to note that this is FDA approved pure cannabis oil. The hallucinogenic components of the cannabis have been removed. It is unclear as to whether or not JW will receive the placebo or the actual cannabis oil (reminder that all THC and hallucinogenic substances have been removed from the cannabis oil and that this is pure and approved by the FDA) – that is what they mean by a double blind study. The caregiver nor the individual will be privy to the information on who receives which until after the 14 week study which also requires extensive documentation of

the individual's response (was there any change in seizure activity?) during that time. Shelley motioned and Katie seconded. Motion approved.

Meeting Minutes: Minutes of August 11, 2015 meeting were approved. Shelley motioned and Kim seconded.

Public Comments/Comments by LHRC Affiliates or Members:

1. Mary Zirkle with Winchester Community Mental Health Center has expanded her substance abuse services to adolescents in an outpatient setting.
2. Mark Gleason with Northwestern Community Services will be starting PACT team as of January 1, 2016. Mike Elwell is new NWCSB executive director. Additionally, NWCSB began mobile crisis stabilization for children who are at risk for hospitalization as of July 1, 2015.

Advocate Update:

1. Cassie Purtlebaugh:
 - a. New Advocate for Our Region!
 - i. Artea Ambrose, MA, Human Services
 - ii. Most recently Director of Community Based Services for a private provider in Winchester, Virginia.
 - iii. Expertise in Therapeutic Day Treatment, Behavioral Therapy Services, Intensive In-Home Services
 - iv. Has also worked in group home serving adults and children with ID/DD
 - v. Has been liaison for LHRC for several years in her former position
 - b. CHRIS reporting
 - i. Providers should notify Advocate if they are experiencing problems with the system. Helpful tips are available for completing reports. If you desire one, please inform.
 - ii. Seeing great improvement in reporting. Still having some difficulties with the investigative tab. Again, Advocate is willing to assist if you contact her.
 - iii. Explanation of CHRIS reports – what OHR sees, OL does not, what OL sees, OHR does not – don't assume we know what you are reporting to each regulatory body
 - c. Commissioner notes:
 - i. Commissioner Ferguson recently announced her resignation, effective October 20, 2015. Dr. Ferguson has accepted a position as a senior policy advisor in the Governor's Office. She has been taking leave time and transitioning to her new position in the Governor's Office.

- ii. Health and Human Resources Secretary Hazel has asked that Dr. Jack Barber serves as the interim DBHDS commissioner until further notice, and he assumed operational day-to-day responsibilities for the Department on September 22.
 - iii. Most recently, Dr. Barber served as the DBHDS Medical Director and previously as the Director of Western State Hospital in Staunton.
 - iv. Dr. Barber believes very much in strong partnerships, and he feels that the efforts at DBHDS have deeply benefitted from drawing on the knowledge and on the ground perspectives of community partners.
- d. Visits
- i. NW Works
 - ii. Grafton Integrated Health Network
 - iii. Intensive Supervision & Counseling Service
 - iv. Family Preservation Services
- e. Training
- i. Mental Health First Aid Training – well received and attended

Program Reports:

1. Lutheran Family Services of Virginia
2. NOVA Family Services
3. NW Works
4. Shenandoah Valley Community Residences
5. Shen-Paco Industries
6. Valley Health System
 - a. Senior Structured Outpatient Program
 - b. Winchester Medical Center
7. Wall Residences

Program reports were approved. Shelley motioned and Kim seconded.

Old Business:

1. Forms and schedule are available on NWCSB website. Reports are now divided between single site affiliates and multiple site affiliates. Please use CHRIS reports AB-07 and COMP-07 to show data without client names.

2. William needs 10 copies of reports mailed to 423 West Cork Street, Winchester, VA 22601-3812. 9 stapled and 1 unstapled. Single sided only please.
3. Please send agenda items via email with all necessary attachments separate from report submissions.
4. Please do not submit any “blank” or “marked out” CHRIS reports. Instead write “no CHRIS cases were filed, so no CHRIS report was run” on quarterly and/or annual reports.
5. Do not send emails to lhrc@bridgingthegaps.com. It is an affiliate distribution list used by William. Hitting “reply all” will go to all affiliates.
6. Repeat offenders for reports submitted late will receive a citation in the future per Office of Licensing.

New Business:

1. Meeting Schedule for 2016
 - a. February 9, 2016 – at Grafton Integrated Health Network
 - b. May 10, 2016 – at Northwestern Community Services Board
 - c. August 9, 2016 – at Timber Ridge School
 - d. November 8, 2016 – at Winchester Community Mental Health Center
2. Program Requests
 - a. Bridging the Gaps (William Orth)
 - i. Service modification to include substance abuse intensive outpatient and substance abuse partial hospitalization licenses as of October 1. Previously approved by Chris Cart and Cassie Purtlebaugh.
 - b. Creative Family Solutions (Dyane Winn)
 - i. Relinquished membership with Northwestern LHRC to consolidate memberships at Rappahannock LHRC. Previously approved by Cassie Purtlebaugh.
 - c. Wall Residences (Lana Hurt)
 - i. Approval of affiliated sites
 1. Kiser – new provider. Signed by Audrey Brown.
 2. Lahmann – new setting only. Signed by Audrey Brown.
 3. Moten – new setting only. Signed by Audrey Brown.
 4. Lahmann – new setting only. Signed by Audrey Brown.

- 5. Howerton – new provider. Signed by Audrey Brown.
- 6. Maclin – new setting only. Signed by Audrey Brown.
- d. Apex Residential Services (Valentine Bama)
 - i. Affiliation of group home. Not present, not covered.
- e. Lutheran Family Services of Virginia (Lisha Burks)
 - i. Evandale Elementary School added to therapeutic day treatment license as of September 16. Previously approved by Chris Cart and Cassie Purtlebaugh.
 - ii. New Interim Director and New Internal Human Rights Advocate.

Adjournment: The meeting was adjourned at 6:44 p.m. by Audrey Brown. The next meeting of the LHRC will be: February 9, 2016

Respectfully Submitted by:

William F. Orth, LHRC Secretary

Audrey Brown, Chair

Mark Gleason, LHRC Liaison