

Northwestern
 COMMUNITY SERVICES BOARD
A Behavioral Health Agency
BOARD OF DIRECTORS – REGULAR MEETING
 Wednesday, May 20, 2026, 6:00 PM

Minutes	
1. Call to Order	Lisa Goshen called the meeting to order at 6:00 PM.
2. Introduction and Opening Comments	Lisa Goshen welcomed everyone to the meeting and proceeded with introductions of staff and public present.
3. Roll Call	<p><u>Board Member Attendance</u> Lisa Goshen, Elisabeth Alger, Katie Jordan, Bisma Y. Sheikh, Amanda Whitson, Sharon Kessler</p> <p><u>Board Members Absent</u> Chris Rinker, Mary Orndorff, Charolette Eriksson</p> <p><u>Staff and Public Attendance</u> Morgan Ward, Ellen Harrison, Katie Russell, Veronica L., Monica See, Tammy Cook, Melissa Mellon, Aimee Secrist, Allison Wedman, Rich Gaudette, Shannon Urum</p> <p><u>Staff and Public Virtual Attendance</u> Alexandra Hannigan, Dylan Glass, Joy Miller</p>
4. Approval of Minutes	Elisabeth Alger motioned to accept the April 15, 2026 meeting minutes as presented. Sharon Kessler seconded. There was no discussion. The motion passed.
5. Approval of Agenda	Amanda Whitson motioned to approve the agenda as presented. Bisma Y. Sheikh seconded. There was no further discussion. The motion was approved.
6. Public Comment	<p>Monica See, DD Services Supervisor provided information regarding DD Services Case Management. She presented the Board with a document containing different information than was included in the presentation. The focus of her prepared comments were on reviewing vacancies within the DD Case Management area.</p> <p>Tammy Cook, DD Services Supervising Case Manager, expressed her opinion regarding the termination of the retiree health insurance policy. Stating that she would have taken advantage of the benefit</p>



BOARD OF DIRECTORS – REGULAR MEETING
Wednesday, May 20, 2026, 6:00 PM

within a year and a half after its expiration. She also expressed that her department is a strong department that puts love into the services they provide.

7. Presentation

a. Strategic Plan Update

Rich Gaudette provided the Board with a presentation on the progress of the current working Objectives as they relate to each of the six Goals of the Strategic Plan.

b. Prevention

Shannon Urum provided the Board a presentation regarding the Prevention Team’s current work and priorities within the localities.

8. New Business

There was no new business.

9. Announcements

a. 501(c)3 meeting in June

It was agreed that the 501(c)3 board will meet directly after the June 2026 NWCSB Board meeting.

10. Reports

a. CEO Report

Ellen Harrison asked if there were any questions about the report provided to the Board. There was some discussion regarding the different Boards that Ellen Harrison has been appointed to and why, as well as the newly developed relationship between NWCSB and Shenandoah University for an internship program.

b. Finance Committee

Katie Jordan presented the Finance Committee’s most recent work. The committee reviewed the CFO proposed data reporting. The data they reviewed will be the documents that will be presented to the committee moving forward. The committee also reviewed the audit and accepted it. There was a question regarding the difference between the budgeted salaries and the actual salaries. It was explained that there can be a variance in the numbers when the



Northwestern
COMMUNITY SERVICES BOARD
A Behavioral Health Agency
BOARD OF DIRECTORS – REGULAR MEETING
Wednesday, May 20, 2026, 6:00 PM

agency is not yet fully staffed in certain departments and due to the restrictions placed on funding.

c. Program Committee

Bisma Y. Sheikh presented that the committee used their meeting as a work session to identify what they wanted to do the rest of the year and moving forward. The committee will be creating a calendar of events that the Board members can attend. The committee asked the board members to raise any community outreach events to Ellen Harrison. The committee will present a new committee description to the Bylaw review committee. The committee intends to develop a greater understanding of the DBHDS Performance Contract before the next contract cycle starts in FY2028.

d. Ad Hoc Committee

Lisa Goshen presented that the committee met and discussed how to increase Board membership. They developed a list of possible candidates from each locality. Lisa Goshen presented that she would like the Ad Hoc Committee to review the Bylaws and hopes that the Governance Committee can be reinstated as a standing committee. The Ad Hoc Committee will begin the Bylaw review and meet again on June 17.

e. Executive Committee

Lisa Goshen presented that the committee met a few times and on the 4/21/2026 they approved Ellen Harrison's contract for May 2026 – May 2027. On May 13th the contract was signed. Lisa Goshen explained that the committee had to move quickly because the Board began the process late and the deadline was May 13, 2026.

11. Closed Session

Elisabeth Alger motioned for the Board to enter into Closed Session pursuant to Virginia Code §2.2-3711, for the purpose of discussing personnel matters as relating to the CEO contract renewal. Katie Jordan seconded. The Board went into closed session.

12. Certification of Closed Session – Roll Call

Lisa Goshen explained the Closed Session Certification process. She allowed anyone who disagreed with the certification to indicate it. There was no disagreement.



BOARD OF DIRECTORS – REGULAR MEETING
Wednesday, May 20, 2026, 6:00 PM

Morgan Ward proceeded with the roll call:

Elisabeth Alger: "I so certify"

Katie Jordan: "I so certify"

Bisma Y. Sheikh: "I so certify"

Amanda Whitson: "I so certify"

Sharon Kessler: "I so certify"

Lisa Goshen: "I so certify"

13. Motions from Closed Session

There were no action items from the closed session.

14. Call to Adjourn

Bisma Y. Sheikh motioned to adjourn the meeting at 7:30 PM. Elisabeth Alger seconded. The meeting was adjourned.

I, Mary Orndorff, Board Secretary, hereby certify that the foregoing minutes were duly approved by the Northwester Community Services Board, Board of Directors at its meeting held on 6/17/2026, and that they constitute a true and correct record of proceedings.

Signature

23/06/2026

Date






05.20.26 Approved Board Meeting Minutes

Final Audit Report

2026-06-23

Created:	2026-06-22
By:	Morgan Ward [REDACTED]
Status:	Signed
Transaction ID:	CBJCHBCAABAAzN0QdFolZkcVIIFE-OeKhtqG-nKWNCcj

"05.20.26 Approved Board Meeting Minutes" History

-  Document created by Morgan Ward [REDACTED]
2026-06-22 - [REDACTED]
-  Document emailed to Mary Orndorff [REDACTED] for signature
2026-06-22 - [REDACTED]
-  Email viewed by Mary Orndorff [REDACTED]
2026-06-23 - [REDACTED]
-  Document e-signed by Mary Orndorff [REDACTED]
Signature Date: 2026-06-23 - [REDACTED] - Time Source: server - Signature Appearance Selected: IMAGE
-  Agreement completed.
2026-06-23 - [REDACTED]